

Wickham Market Medical Centre & Rendlesham Surgery Winter Newsletter

Dr Alison Glaister

I would like to let you know that I will be retiring from the partnership on Jan 3rd 2026.

I feel very honoured to have served such a caring and compassionate community in a beautiful part of the country for the past 30 years.

It has been a privilege to witness your courage and resilience at times of distress and disease, and to do my best to support you and help healing.

I feel proud to have worked with the wonderful and dedicated team here at Wickham Market Medical Centre, as we navigated changes over the years; and feel confident that the Practice will continue to provide the best possible care to you all.

I hope to return to the practice when needed to provide locum cover, and look forward to seeing you when I do. Wishing you all the very best for the future,
Alison Glaister.

Christmas & New year

We hope that all of our patients have a wonderful Christmas and a happy new year

We are Closed Thursday 25th, Friday 26th of December and Thursday 1st January. If you do have any medical queries/ emergencies on these days please contact NHS 111 or 999.

Please remember to order your repeat medication in plenty of time.

Facebook

We are now on Facebook, please follow and keep up to date with any urgent matters happening at the surgery.

Contact details

Have you updated your Address, Mobile number, home number, email address recently?

Please make one of our receptionists aware so we can ensure we have the best contact details for you.

Online Consultations

Do you have a non urgent health concern or query? Head to our website and complete an AccurX online form! What you can request: -An extension of your current fit or sicknote -An update on your referral -Repeat prescription/medication information - Information for test results -Other non-urgent medical request -Other non-urgent urgent admin queries

ZERO TOLERANCE

Unfortunately in recent weeks and months, there has been a noticeable increase in the level of abusive behaviour towards our staff at the medical centre. Our staff work very hard under increasing pressures. Please be polite and courteous to them.

Staff

Chester, Ellie and Zena have joined and are working within our reception team. Daneille has joined our HCA team

Vaccinations

We are offering flu, pneumonia, shingles and RSV vaccinations. Ask our receptionists today!

Travel Policy

The practice has recently updated its travel policy. We are now taking bookings for travel vaccinations. Patients will have to complete a form which is available from reception. A minimum of 6 weeks before travel. This allows chargeable vaccines to be ordered and given in time before the date of travel. For more information on this policy please ask reception.

Cervical Smear Tests- Don't Delay.

Recent national figures have shown a low percentage of uptake for smear tests. The practice would like to remind women aged between 25 and 64 to book their cervical smear tests without delay. If you would like to speak to someone before having your cervical smear please speak to one of our nurses.